

# Featured Fruit

## **WATERMELON**

This hydrating local fruit is rich in Vitamin C and the antioxidant Lycopene!



### Watermelon Mint Salad

Ingredients	Directions
<ul style="list-style-type: none"><li>● 1 Watermelon</li><li>● ½ red onion</li><li>● ¼ red wine vinegar</li><li>● ½ cup olive oil</li><li>● 2 tablespoons chopped mint leaves</li><li>● 4 oz crumbled feta cheese</li><li>● salt and pepper</li></ul>	<ul style="list-style-type: none"><li>● Wash hands, wash everything!</li><li>● Chop watermelon into bite sized pieces, removing the rind.</li><li>● Mix in other ingredients and stir.</li><li>● Serve as a side dish or a savory dessert. Makes a great addition to any summer BBQ!</li></ul>